



Physical Fest began in 2003 and is an international annual physical theatre festival in Liverpool, hosted by Tmesis Theatre.

Physical Fest is the only festival

of its kind in Europe that specialises solely in physical theatre, attracting participants and artists locally, nationally and internationally. The festival creates a very warm, welcoming and creative atmosphere and offers unique opportunities for networking and exchanging information.

Tmesis are very happy to host a fantastic line up for the 7th year of the festival with Pas De Dieux (France), Gey Pin Ang (Singapore), Nigel Charnock (DV8), Mixed Movement, Fools, Theatre Ad Infinitum and exciting new performances and events.

"Physical theatre run by some of the world's best practitioners"  
Liverpool Daily Post

"I love working here. Great city, great people and beautiful creative atmosphere"

Jean Sasportes  
(Pina Bausch Tanztheater)

"I have returned year after year to enjoy this experience and to work with and meet such great people. It has broadened my experience as a performing Art practitioner, nothing else like this exists - brilliant."

Elizabeth Hebden  
(Festival Participant)



**SAT 28TH MAY 19.30-20.15**  
**FESTIVAL LAUNCH ST LUKE'S**  
**'BOMBED OUT CHURCH'**

A northwest premier, Porter Papier Ciré from Mildred Rambaud is a sculpture performance which uses physical gestures drawn from aspects of butoh and contemporary dance. The performance explores original archetypes and human emotions and is performed along side live music from the excellent cellist, Hannah Marshall.

Rambaud is a French artist whose practise encompasses a range of medium including sculpture performance and film to explore archetypal imagery, fragility and the impossible.

This beautiful, emotional piece will be performed inside the atmospheric 'bombed out church'.

[www.mildredrambaud.co.uk](http://www.mildredrambaud.co.uk)  
[www.usl.org.uk](http://www.usl.org.uk)

**FREE FESTIVAL EVENT** (No booking required)



**TUES 31ST MAY 20.00**  
**FESTIVAL DOUBLE BILL UNITY THEATRE**

**THE BIG SMOKE & THEATRE AD INFINITUM**

"Utterly stunning" \*\*\*\*\*  
What's on Stage

"Excellent... something special"  
The Observer

Nathalie is beautiful, talented, has a loving family and a burgeoning career. But just as she's about to reach her potential, she descends into madness. Inspired by the lives of Virginia Woolf and Sylvia Plath, this courageous performance walks the fine line between sanity and psychosis...

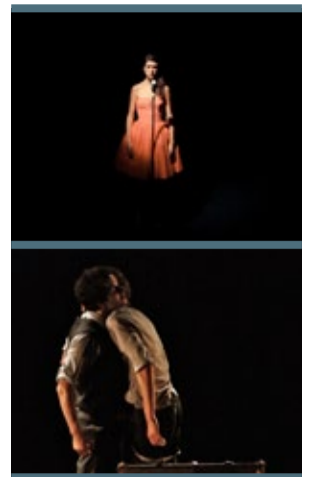
**SOME OTHER FUTURE**

A passionate, dynamic and sensitive duet made by dancers from the internationally acclaimed, Scottish Dance Theatre. Two boy's dreams collide behind the iron curtain. How much are we made up of what we wanted to be? Choreographed and Performed by Toby Fitzgibbons and Matthew Robinson.

"Poetry in movement"  
Resolution Review

Tickets £10/£8 Book at Unity Theatre: 0844 873 2888

[www.unitytheatre.liverpool.co.uk](http://www.unitytheatre.liverpool.co.uk)



**WED 1ST JUNE 19:30**  
**PHYSICAL FEST JAM CUC**

Physical Fest Jam will be an hour long, exciting improvisation event in front of an audience where anything can happen.

Performed by artists and participants of the festival, with live improvised music from some of Liverpool's best musicians.

**FREE EVENT** (No booking required)

[www.cucliverpool.org](http://www.cucliverpool.org)



**THURS 2ND JUNE 20.00**  
**FEST LIVE THE UNITY THEATRE**

Fest Live is an open platform, professional showcase for new physical work from both emerging and established artists, nationally and internationally. A collaboration with the Unity Theatre, Fest Live will be an evening of extracts from the most exciting new, innovative, and groundbreaking physical work.

**TICKETS £6** Book at Unity Theatre: 0844 873 2888

[www.unitytheatre.liverpool.co.uk](http://www.unitytheatre.liverpool.co.uk)

If you are interesting in presenting work at Fest Live, please contact [physicalfest@tmesistheatre.com](mailto:physicalfest@tmesistheatre.com)



**SAT 4TH JUNE DOORS 20.00**  
**PHYSICAL FEST CABARET CUC**  
**AFTER PARTY WITH MUSIC TILL LATE**

The final night of the festival finishes with an evening of the best and most entertaining cabaret in Liverpool. Hosted by the hilarious comedy duo, Random Acts of Wildness and featuring acts from Puppet Pool, this promises to be a closing event to remember.



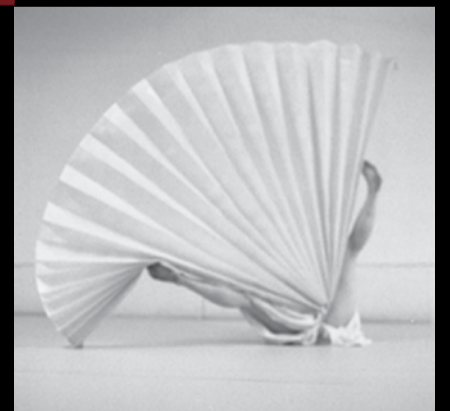
**TICKETS £4/3 PAY ON DOOR**  
[www.cucliverpool.org](http://www.cucliverpool.org)



**Unity Theatre**  
1 Hope Place  
Liverpool, L1 9BG  
0844 873 2888

**CUC**  
41-51 Greenland Street,  
Liverpool, L1 0BS  
0151 708 3510

**Saint Luke's Church**  
Leece Street  
Liverpool, L1 2TR



tmesis theatre | hope street | BILLY ELMS ASSOCIATES | unity theatre

CUC | COOL | Creative Organisations of Liverpool | Liverpool City Council | With Thanks to the City of Liverpool for its financial support | ARTS COUNCIL ENGLAND | Supported by ARTS COUNCIL ENGLAND

**28TH MAY - 4TH JUNE 2011**

**INTERNATIONAL PHYSICAL THEATRE FESTIVAL**  
WORKSHOPS, CLASSES, PERFORMANCES, EVENTS.

[www.physicalfest.com](http://www.physicalfest.com)

**SAT/SUN 28TH & 29TH MAY**

**10.00-17.00**

**PAS DE DIEUX**

**FROM THE INSIDE OUT**

PREPARING THE BODY FOR IMPROVISATIONAL PLAY

Company Pas De Dieux is Leela Alanziz and Won Kim and they are based in Paris.

The workshops focus on the encounters of two contemporary techniques for the actor/dancer: the organic research developed by Jerzy Grotowski, Eugenio Barba and his collaborators, and that of Corporeal Mime by Etienne Decroux. The exercises of the organic processes free the energetic flux starting at the level of the spinal column that spreads beyond physicality of body; developing the attention and integration of the physical, emotional, and mental centers. The Corporeal Mime isolates the different parts of the body, masters the articulations, and plays them with differing speeds, resistances, and designs of corporeal movement. The goal is to develop a listening body that discovers its own unique physical expressions in improvisation.

[www.pasdedieux.com](http://www.pasdedieux.com)



**MON 30TH MAY**

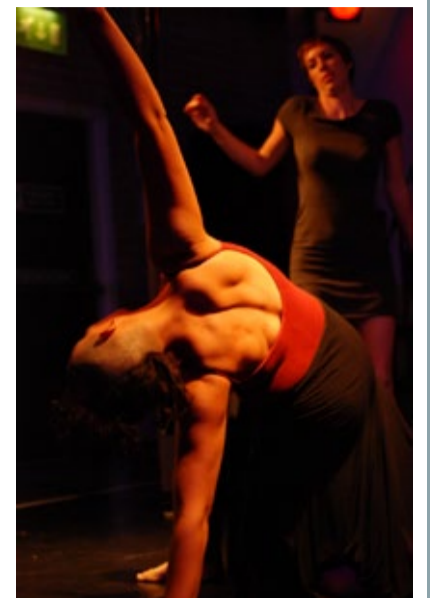
**18.00-19.30**

**DawN CRANDELL**

**MIXED MOVEMENT**

DawN Crandell is an interdisciplinary performing artist exploring the intersections between dance, theatre and poetry. She is the creator of Mixed Movement – an open stage for dancers to improvise with musicians.

DawN has created a high energy experience open to all levels by drawing on her background in contemporary, West African, house and her strong improvisation skills. Class begins with a thorough stretch and warm up, then continues with a balance of set choreographed phrases of “mixed movement” and sections of improvisation. In both the choreography and the improv, the focus will be on finding and/or developing one’s own style of movement.



**MON/TUE 30TH & 31ST MAY**

**10.00-17.00**

**GEY PIN ANG**

**SOURCING WITHIN (GROTOWSKI)**

Sourcing Within is a workshop intended for people interested in seeking a source for creation within one’s self, one’s creative life; this is something linked to impulse, organicity, vitality and intuition.

The physical work aims to discover a mode of working – with flow, intention, aliveness, non-effort, clarity, with contacts and playing. Vocal work is engaged with the intent to open pathways which lead toward the uniting of our mind, heart and body. Both physical and vocal work lay parallel leading towards the process of creation.

Gey Pin Ang, currently based in Europe, is a Singaporean pedagogue/ director/ actress. She was a member of the Workcenter of Jerzy Grotowski and Thomas Richards for nearly a decade, touring across Europe through Asia with the Workcenter’s Project The Bridge: developing theatre arts. Her years as the artistic director of Theatre OX (1995 - 2007), Singapore, enabled her research rooted in traditional Chinese performative elements. With extensive work encounters with Occidental performers, Gey Pin teaches, performs and collaborates with various international artists and arts institutions.



**WED 1ST JUNE**

**10.00-17.00**

**THEATRE AD INFINITUM**

**THE STORYTELLING BODY**

Based on the disciplines of Jacques Lecoq this is a unique opportunity to dive headfirst into a creative environment that explores storytelling via a Lecoq-style method that will push the physical limits of the actor as creator and ensemble player. The workshop will explore how the actor in an empty space can create an abundant world of characters, spaces, colours, emotion and atmospheres –with the body alone; together we will search for each creator’s specific and individual storytelling style and gestural language. In the final part of the workshop you will create a short devised piece for a private performance.

The multi-award winning Lecoq-trained company, Theatre Ad Infinitum has received great critical acclaim and won The Stage’s Best Solo Performer Award 2009, ‘BE Development Award 2010’ and a nomination for ‘Total Theatre Award 2010’.

[www.theatreadinfinitum.co.uk](http://www.theatreadinfinitum.co.uk)



**THURS/FRI 2ND & 3RD JUNE**

**10.00-17.00**

**NIGEL CHARNOCK DV8**

Nigel trained in drama and dance, worked with Ludus dance and co-founded DV8 Physical theatre in 1986. He has created five solo works which toured internationally, directed and choreographed many theatre pieces, and leads workshops all over the world. He plays the saxophone very badly, does everything too fast and loves cats. Nigel will lead a physical theatre workshop using the body, the voice and improvisation. Nigel has been working in the theatre for over 30 years but still manages to bring a naive stupidity to everything he does. Please bring yourself and a sense of humour.

[www.dv8.co.uk](http://www.dv8.co.uk)



**CLASS- FRI 3RD JUNE**

**18.00-19.30**

**AN INTRODUCTION TO**

**KNOW ONES FOOL**

**THEATRE OF NOW**

An introduction to ‘Know Ones Fool’ – a structure for improvisation that allows you to fly off, meet archetypes and become everything that you see, without losing your audience!

Did you know your childhood imaginary friend, is still waiting to take a you on a journey into the unknown? Take a leap, but don’t create the bottom!

Joanne Tremarco is a member of Theatre of Now a company directed by the infamous Fool, Jonathan Kay.

[www.theatreofnow.com](http://www.theatreofnow.com)



**SAT 4TH JUNE**

**10.00-17.00**

**TMESIS THEATRE**

Tmesis Theatre has been producing high quality physical theatre work for the last seven years and has toured nationally and internationally with the productions of *Tmesis*, *Memento Mori*, *Anima* and *The Dreadful Hours*. The productions have won awards and gained critical acclaim locally, nationally and internationally.

The workshop will be an introduction to Tmesis Theatre’s unique style of movement based theatre. The work aims to encourage a greater sense of freedom and creativity through awareness, presence and identification of habitual patterns. We will explore text and emotions through the body, whilst encouraging participants to push through their barriers. The company’s training methods have been enriched by their challenging collaborations with Derevo and Pina Bausch Tanztheater.

[www.tmesistheatre.com](http://www.tmesistheatre.com)



## WORKSHOP BOOKING

To book a place on a workshop, download a booking form from [www.physicalfest.com](http://www.physicalfest.com)

Email: [physicalfest@tmesistheatre.com](mailto:physicalfest@tmesistheatre.com)

Tel: 0781 330 1517

Please book early to avoid disappointment

**1 DAY £40**

**2 DAYS £75**

**EVENING CLASSES £4/£3.50**

**SPECIAL PRICE FOR ALL 8 DAYS OF WORKSHOPS**

**£300 INCLUDES FREE CLASSES**

**EARLY BIRD BOOKING OFFER 10% DISCOUNT ON 8 DAYS IF BOOKED BEFORE APRIL 14TH**

[www.physicalfest.com](http://www.physicalfest.com)