



PHYSICAL FEST 2023

29TH JUNE
TO 7TH JULY

INTERNATIONAL PHYSICAL THEATRE FESTIVAL

PRESENTED BY

**TMESIS
THEATRE**

WELCOME TO PHYSICAL FEST 2023!

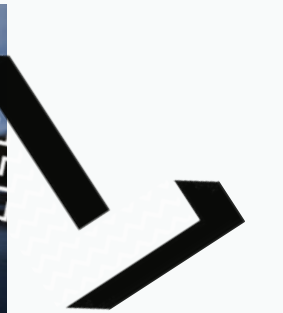
WE ARE VERY HAPPY TO BRING THE FESTIVAL BACK TO LIVERPOOL WITH SOME WONDERFUL PERFORMANCES, WORKSHOPS, TRAINING COMPANY AND FEMALE BURSARIES. WE ARE ESPECIALLY HAPPY TO BE OPENING OUR NEW SHOW, SEALSKIN AT THE LIVERPOOL EVERYMAN THIS YEAR WHICH WILL LAUNCH OUR FESTIVAL.

A BIG THANK YOU TO OUR FUNDERS, THE ARTS COUNCIL OF ENGLAND, LIVERPOOL CITY COUNCIL & CULTURE LIVERPOOL, OUR BOARD, PARTNERS, FESTIVAL TEAM AND VOLUNTEERS WHO ALL MAKE THIS HAPPEN

WE LOOK FORWARD TO SEEING YOU THERE!



Elinor Randle
Artistic Director Tmesis Theatre & Physical Fest



PERFORMANCE AND EVENTS PROGRAMME

29TH JUNE – 1ST JULY / 7.30PM
LIVERPOOL EVERYMAN



£12 - £19
BOOK NOW

SEALSKIN

TMESIS THEATRE

In a village far away, by the wild landscape of the sea, every full moon the Selkies appear. As they peel away their seal skin, they dance freely in the moonlight, as humans. One such night a fisherman discovers their secret and, stealing away a Selkie's skin, our story begins.

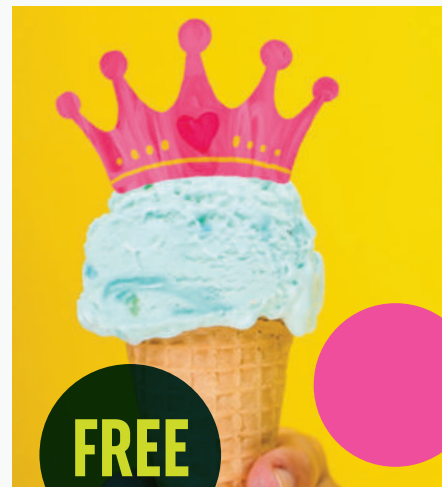
A battle of longing and belonging, Sealskin is a powerful story of betrayal, power, otherness and loss. Combining Tmesis' trademark playful and highly skilled physicality, this new show is presented as part of Physical Fést 2023 and features live music from acoustic duo Me and Deboe.

'Entertaining and disturbing food for thought'
The Stage **** (for Beyond Belief)

1ST JULY / 2PM
STANLEY PARK, ANFIELD
NEXT TO PLAYGROUND

1ST JULY / 6PM
SUITCASES, HOPE STREET
NEXT TO LIPA

2ND JULY / 1.30PM AND 3.30PM
GREEN SPACE, LODGE LANE
CORNER OF GRIERSON ST



FREE

ICE SCREAM!

TMESIS TRAINING COMPANY

A playful physical theatre performance for all audiences to enjoy! An unusual family of royalty is visiting Liverpool for their summer holiday! Performed by a cast of 10 and accompanied by a vibrant funky soundtrack. Passers-by definitely won't miss them.

Tmesis Training Company is a training intensive run by Tmesis Theatre, this year's piece is created and directed by Associate Artist, Eleni Edipidi.

3RD JULY / 8.30PM
UNITY THEATRE



£12 / £14
(CREATIVE POOL £6)
BOOK NOW

CHOOSH!

JULIA MASLI (ESTONIA)

One of the best-reviewed and most in-demand debut shows of this year's Edinburgh Fringe, from the award-winning Julia Masli. An absurd homage to migration, in which a hungry Eastern European clown voyages to America for a hot dog. Choosh, by the way, means 'bullshit' – of all kinds. Julia Masli is an Estonian-born, London-based clown. She trained at the Ecole Philippe Gaulier, and now is a visiting teacher there.

Guardian's Top Comedy Shows not to miss 2022
'Maestro of the art form' ★★★★★ Guardian
'Properly bonkers... very funny.' ★★★★★ The Scotsman

4TH JULY / 7.30PM
UNITY THEATRE

£10/£12
BOOK NOW



A NIGHT OF NEW FEMALE WORK

DIVE

IN BLOOM - ALINE COSTA (Female Bursary award 2023)

A mesmerising dance performance that challenges your perception and leaves you with a sense of wonder. Drawing inspiration from Butoh techniques, the piece features slow, deliberate movements and powerful imagery that evoke mystery and intrigue, an unforgettable journey into the unknown. Aline is a Swiss performer and choreographer based in Liverpool.

LOOK AFTER YOUR KNEES - NATALIE BELLINGHAM

A show about the pain and beauty of love, what it is to both connect and unravel. It's a celebration of being human in all its banality, sprinkled with joy and ridiculousness. Performed by a clown delving into the space inside us left behind by loss. Natalie is theatre maker, performer and physical comedian.

'Be Kind to your knees, you'll miss them when they're gone'
Baz Lurhman, 1999.

WET DREAM WITH JESUS - ALICE WAY (Female Bursary award 2023)

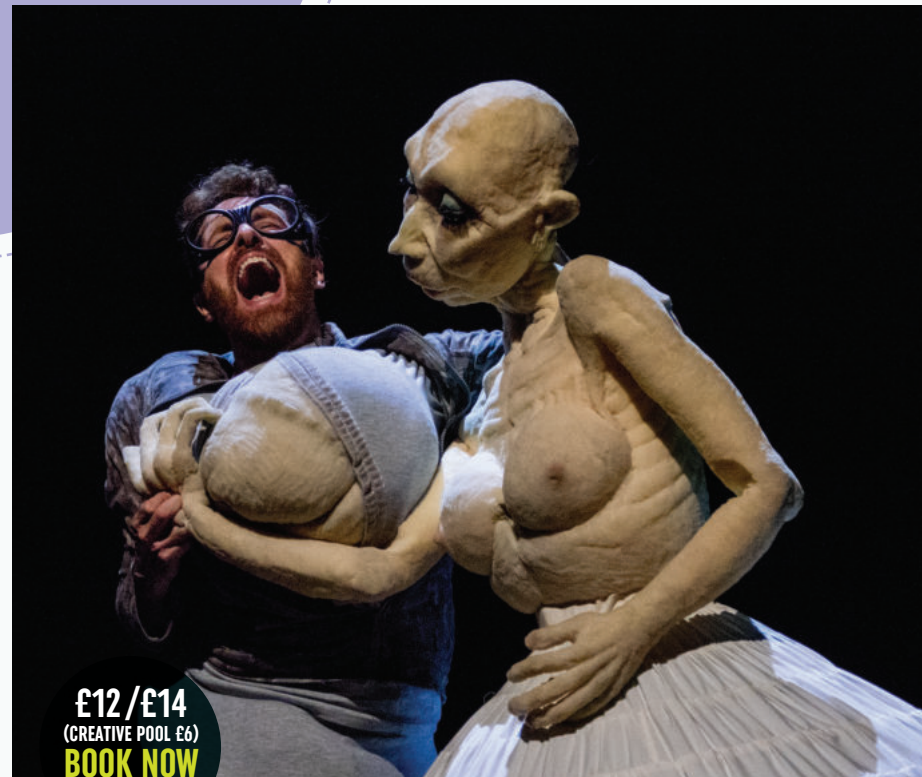
Louisiana, home of Mardi Gras, southern hospitality, and raging purity culture. This is an autobiographical one-woman comedy investigating the wonders and pitfalls of growing up in the Bible Belt of America. The show explores Alice's conservative, Christian led education in public high school while navigating teenage social politics and pending sexual identity. Alice, LIPA graduate, is the artistic director of Dragonfly Performance which explores social issues through thought provoking comedic theatre.

JAM AND CHEMICALS - DORA COLQUHOUN

A show about Home. Carl Sagan described Earth as a fragile dot 'A mote of dust suspended in a sunbeam.' Earth is our collective home. But what is home? Is it a place? A feeling? People? Dora is on a quest to find out.

She is a Neurodivergent theatre maker with a passion for storytelling using humour and absurdity, she is working with international theatre and clown Jamie Wood and composer Luke Thomas.

5TH JULY / 7.30PM
UNITY THEATRE



£12/£14
(CREATIVE POOL £6)
BOOK NOW

BLIND

DUDA PAIVA COMPANY (NETHERLANDS)

"I found pain in the light, and beauty in darkness."

Duda Paiva draws on his childhood, during which he suffered an illness that blistered his body and left him temporarily blind, he transforms this experience into a metaphor about disability, rejection and resolution.

Duda Paiva Company creates physical and visual performances with his puppet dance partners, carved from flexible foam, he builds unique, elusive, magical, sometimes painful worlds, always touched by a sense of humour.

'Blind is a theatre experience that openly hands interpretation to its audience. It's as delightful as it is heartbreaking and too beautiful to define.'

**** Sydney Morning Herald



7TH JULY / 7.30PM
INVISIBLE WIND FACTORY (SUBSTATION)



£10 / £12
BOOK NOW

DR. BROWN RETURNS

DOCTOR BROWN (USA)

Dr. Brown returns to the UK with a new show 11 years after winning the Edinburgh Comedy Award Most Outstanding Show at Melbourne International Comedy Festival in 2012. This is silent comedy at it's most silly, surreal, and absurd from an internationally renowned clown.

(Followed by Festival Closing Party!)

6TH JULY / 6.30PM - 8.30PM
24 HOPE STREET



£5
(LIMITED SPACES!)
BOOK NOW

HOW DO WE CREATE WORK? A CONVERSATION...

JAMIE WOOD, TMESIS THEATRE, ROWENA GANDER, UGLY BUCKET AND COLECTIVO JAT

How do we creative, stay creative, get inspired? What are our processes to make work?

A chance to hear from companies and artists, Jamie Wood, Tmesis, Rowena Gander, Ugly Bucket and Colectivo Jat about their processes of creating new original work, and then join in a creative conversation on what it means to be an artist and make work in 2023!

BOOK ALL WORKSHOPS ONLINE AT

WWW.TMESISTHEATRE.COM/PHYSICAL-FEST/WORKSHOPS

WORKSHOP PROGRAMME

30TH JUNE / 10AM - 5PM
THE ARTS BAR

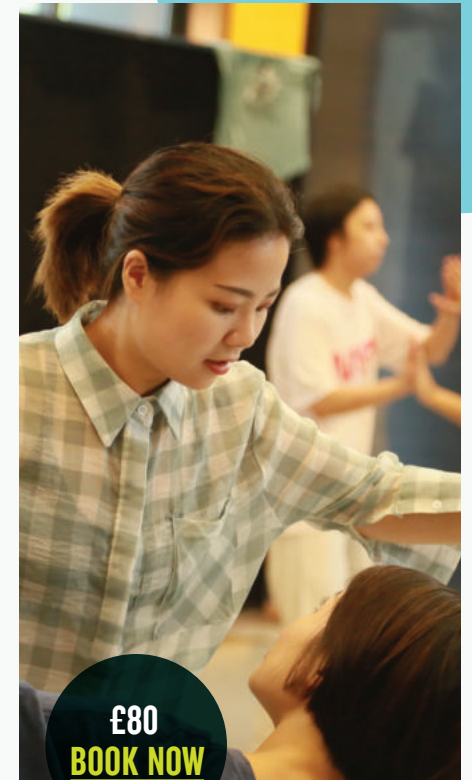


TRANCE MASKS AND FULL MASKS

SIMONE TANI

An introduction to Keith Johnstone's Trance and Full Masks. A powerful way to unlock the actor's creativity and to discover how to be expressive by engaging the whole body. Facilitated by Simone Tani, co-founder of the award-winning clown and bouffon company Teatro Pomodoro. The workshop will focus on improvisation exercises without masks, with half and full-face masks to explore different approaches and learn how those affect the performer's body.

1ST AND 2ND JULY / 10AM - 5PM
THE ARTS BAR



ENSEMBLE PHYSICAL THEATRE

BABEL THEATRE

An uplifting and energising ensemble physical theatre deep dive, centred around our core principles of celebration, joy and bravery.

Across 2 invigorating days, refuel your artistic self, unpack creative tools for devising, and delve deep into a process of making vivid theatrical images, creating expressive physical performance and developing a deep relationship to the self and others. Babel's work fuses powerful physicality, poetic text, atmospheric music and creative design to forge a total sense of theatre.

2ND JULY / 6PM - 8PM
CITY BUILDINGS



£20
BOOK NOW

BEGINNER POLE FOR PHYSICAL PERFORMERS

ROWENA GANDER

An opportunity to learn basic pole technique, including preparation for climbing and spinning, and a short contemporary pole sequence. You will also be given fun creative tasks that will enable you to approach the pole from your creative perspective as a performer. Rowena is an international performer who has been teaching, making, and performing work with the pole for 8 years. Her experimental approach to pole has received much critical acclaim.

3RD JULY / 10AM - 5PM
THE ARTS BAR



£40
BOOK NOW

THE EXPRESSIVE BODY

TMESIS THEATRE

This workshop will focus on developing a playful, expressive performer, opening up our expressive potential through play, connection and movement. We will explore, creating physical sequences, physical devising methods and working as an embodied ensemble to explore ideas, emotion, character or story.

Tmesis Theatre create, develop and share passionate and playful physical theatre, through; acclaimed performance, participation, training, and our festival.

4TH JULY / 10AM-5PM
THE ARTS BAR



£40
BOOK NOW

CLOWN

JULIA MASLI

We will leave our idea of how we think we're funny and enter the unknown, at times uncomfortable, but ultimately fruitful, land of the bad.. where great inventions might be discovered!

We will explore: sensitivity to the audience, lightness and pleasure, following our impulse, and the comic potential of mistakes and vulnerability. For any kind of performers, and curious people from all walks of life. Julia is an award-winning working clown and has taught at Ecole Philippe Gaulier in France, where she also studied.

5TH AND 6TH JULY / 10AM-5PM
THE ARTS BAR



£80
BOOK NOW

CLOWN

DOCTOR BROWN (USA)

This workshop will ideally help you find your freedom and stupidity on stage and connect more deeply with an audience. Please note - this workshop can be quite difficult. I (Dr. Brown/Philip Burgers) am there to point out when something you did on stage is NOT working. With the acceptance of failure, you can learn to be more open and vulnerable in front of a group of strangers and then make them piss themselves by showing them how stupid you (and only you) can be.

Dr. Brown trained at Ecole Philippe Gaulier, since then he has travelled the world with his award-winning shows, starred in TV and also directed the Netflix Comedy Special, 'Nate'.

7TH JULY / 10AM - 5PM
THE ARTS BAR



£40
BOOK NOW

COLECTIVO JAT

THE SUZUKI METHOD (PORTUGAL)

Suzuki is a theatrical training developed by the director Tadashi Suzuki and his company SCOT, in Japan, which brings together a universal and deep grammar for the artist, enhancing and multiplying their expressive and emotional capacities, as well as their internal sensitivity and imagination. Colectivo Jat a physical theatre company are disciples of Tadashi Suzuki, and are based in Faro, they also run MOMI - International Festival of Physical Theatre – Algarve.

LOCATIONS

For any information email info@physicalfest.com.
All events can be booked at www.physicalfest.com

PERFORMANCE VENUES

- **UNITY THEATRE**
1 Hope Place, Liverpool L1 9BG
- **LIVERPOOL EVERYMAN**
5-11 Hope Street, Liverpool L1 9BH
- **THE INVISIBLE WIND FACTORY**
3 Regent Road, Liverpool L3 7DS

WORKSHOP VENUES

- **THE ARTS BAR**
22 Hope Street, Liverpool L1 9BY
- **CITY BUILDINGS (ROWENA'S WORKSHOP)**
City buildings, 21-23 Old Hall St, Liverpool L3 9BS

CALENDAR

THURS 29TH JUNE

- **SealSkin** Liverpool Everyman 7.30pm

FRI 30TH JUNE

- **Trance Masks and Full Masks** Arts Bar Studios 10am-5pm
- **SealSkin** Liverpool Everyman 7.30pm

SAT 1ST JULY

- **Babel Theatre Workshop** Arts Bar Studios 10am-5pm
- **Tmesis Training Company** (Locations TBC)
- **SealSkin** Liverpool Everyman 7.30pm

SUN 2ND JULY

- **Tmesis Training Company** (Locations TBC)
- **Babel Theatre Workshop** Arts Bar Studios 10am-5pm
- **Beginners Pole** Venue xxxx 6-8pm

MON 3RD JULY

- **Babel Theatre Workshop** Arts Bar Studios 10am-5pm
- **Choosh Julia Masli** Unity Theatre 8.30pm

OUTDOOR TRAINING COMPANY

- **STANLEY PARK (NEXT TO PLAYGROUND)**
Walton Ln, Anfield, Liverpool L4 2SL
- **SUITCASES (NEXT TO LIPA)**
Hope St, Liverpool L1 9BQ
- **GREEN SPACE (CORNER OF GRIERSON ST)**
Lodge Lane

TUES 4TH JULY

- **Clown Arts Bar Studios** 10am-5pm
- **DIVE** Unity Theatre 7.30pm

WED 5TH JULY

- **Clown Doctor Brown** Arts Bar Studios 10am-5pm
- **Blind** Unity Theatre 7.30pm

THURS 6TH JULY

- **Clown Doctor Brown** Arts Bar Studios 10am-5pm
- **How Do We Create Work?** 24 Hope Street- 6-8pm

FRI 7TH JULY

- **Suzuki** Arts Bar Studios 10am-5pm
- **Doctor Brown** The Invisible Wind Factory 7.30pm
- **FESTIVAL CLOSING PARTY**
The Invisible Wind Factory 8.30pm to late

- **P** Performance
- **W** Workshop

WWW.PHYSICALFEST.COM

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Funded by



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